



# NOVEMBER MEETING

“As Salaam Mulay Kum” – Hard to believe, that this is now our second newsletter, how time flies when you are having fun! The launch of our first garden club meeting was a great success; the turn out of members took us all by surprise. Wonderful to have met all our members and to have been able to spend the time with people who share the love of gardening!

## OUR NEXT MEETING

Date : 4<sup>th</sup> November  
Time : 1:30p.m.  
Venue : Lifestyle Lecture Hall

## COMPANION PLANTING

Try and start thinking about your garden in a more holistic manner in other words - plants that will interact well with each other and then those that don't; over the next few months we will discuss 'Friends and Foes' Cucumbers enjoy beans, cabbage mielies and peas – but by contrast they don't like potatoes. Chives enjoy carrots, roses and tomatoes but do not plant close too beans and peas. So you see, just like people, some neighbours we like and some we don't.....

## QUIZ OF THE MONTH

**When is Arbor week and name a herb that begins with the letter 'S'?**

Please write down your answers and place in our quiz box in the front of the lecture hall.



## ROSE CARE FOR NOV

Water three times per week; spray fortnightly against black spot and aphids. Continue to remove faded flowers and de-bud to encourage more blooms. Fertilise roses once a month. Scatter the fertiliser around the base of the bush do not dig into the soil always water very well. A new rose to make an appearance on the scene is called “7de Laan”. This rose makes a very good cut flower and has a delicate perfume. This rose has a most interesting colour combination with a coffee colour overall whilst the centre and tips are a light Salmon colour, stunning!

## IN AND AROUND YOUR GARDEN

**All about Capsicum, or better know as Chillies:** - These are warm season crops, requiring at least five hours sunlight a day with excellent drainage, Chillies can be grown from seed and then they can be transplanted when they are large enough to handle. Once the plants start to flower, do be sure to feed with a high potassium food in order to promote fruiting (3.1.5). Did you know that there are over 300 types of chillies. Small chillies are hotter because they contain proportionally more seeds and membrane than the larger ones. Chillies become sweeter and milder as they turn from green to red. Chillies are richer in vitamin C than oranges and lemons however during cooking they loose about 30 per cent of their vitamin content. In cold weather a little chillies powder sprinkled into your socks will keep your feet warm, this is a trick that is used by experienced skiers.



*Yours  
in the  
garden*

**Pam Groen**

This Newsletter is produced for the members of the Lifestyle Islamic Garden Club

Any comments or suggestions should be in writing and addressed or faxed to Pam Groen at:- PO Box 2568, Northcliff 2115, or Fax: (011) 792-5626

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